Nakmas Code of Conduct for Young Students

* I will have fun, act in a safe manner and encourage everyone to do the same.
* I will always respect those around me including other students, opponents, instructors, officials and parents.
* I will be hones and be fair in everything I do and never deliberately be dishonest.
* I will accept instructors’ and officials’ decisions without question or complaint.
* I will arrive for training and other events on time and will inform someone if I am unable to attend or be late.
* I will listen carefully when spoken to and act as directed where appropriate.
* I will make sure I have my correct uniform with me and will after it to the best of my ability. This includes suit, belt and pads.
* I will make sure my hair is off my face, my finger and toenails are short and I have no jewellery on during training or any other events
* I will never upset those around me or keep quiet if someone else is being upset.
* I will congratulate all students on their performance regardless of the fight or grading outcome.
* I will give other students a hand if they need it and accept apologies from them if they are offered.
* I will always do my best and give 100% effort in whatever I do.
* As a young person taking part in martial arts I recognize that I am an ambassador for my discipline and others taking part in martial arts,
* I will never post any photos or words on a social network site which could put myself in danger, or embarrass myself, my family, my club or anyone in martial arts.
* I will never use my martial arts outside the training environment except for the defence of myself, family or friends in the instance of extreme danger or unprovoked attack.